

Health Promotion Unit
Tobacco Use Prevention Program
1-866-726-9926 (toll free)

Lifetime Tobacco Use Among Missouri students

- 34.6% of middle school students and 58.9% of high school students have used some form of tobacco product in their lifetime.
- 26.4% of middle school students and 51.1%* of high school students have smoked cigarettes in their lifetime.
- 26.5% of middle school students and 13.0% of high school students that have smoked cigarettes in their lifetime smoked a whole cigarette for the first time before the age of 11.
- 6.1% of middle school students and 15.5% of high school students had smoked cigarettes daily at some point in their lifetime.

*Statistically significant decrease from 2003 and 2005.

Current Middle School Users

Students who smoked cigarettes, cigars, bidis, used smokeless tobacco, or used any form of tobacco on one or more of the 30 days prior to the survey.

Tobacco Use Among Missouri Youth 2007

Data Source: Missouri 2007 Youth Tobacco Survey conducted by the Missouri Department of Health and Senior Services. Self-reported data were obtained in spring 2007 from 1,338 Missouri middle school and 1,330 Missouri high school students. Public schools and students were randomly selected.

Quitting Among Missouri Youth

- 35.8% middle and 38.7% high school smokers feel like they need a cigarette every day.
- 37.9% middle and 47.8% high school smokers want to stop smoking cigarettes.
- 56.8% middle and 56.8% high school smokers tried to quit smoking at least once during the 12 months prior to the survey.
- 44.6% middle and 41.5% high school smokers stayed off cigarettes for less than 30 days the last time they tried to quit smoking.
- 15.4% middle and 10.2% high school smokers have participated in a program to help them quit using tobacco.
- 16.1% middle and 37.5% high school students were asked if they smoked by a health professional in the past year.
- 27.3% middle and 29.4% high school students were advised not to smoke by a health professional in the past year.

| | Total | Female | Male | 6^{th} | 7^{th} | 8th | White | Black | Hispanio | Other |
|--------------|--------|--------|------|----------|-----------------|------|-------|-------|----------|-------|
| Cigarettes | 6.9 | 7.4 | 6.3 | 3.2 | 6.8 | 10.6 | 7.8 | 12.6 | 11.5 | 8.4 |
| Cigars | 4.8 | 4.1 | 5.4 | 2.2 | 4.1 | 8.0 | 4.0 | 8.0 | 6.3 | 3.5 |
| Bidis | 3.0 | 2.1 | 3.9 | 2.3 | 4.1 | 2.7 | 3.3 | 1.8 | 2.7 | 6.0 |
| Smokeless | 3.6 | 1.7 | 5.3 | 1.2 | 5.4 | 4.0 | 4.3 | 0.7 | 0.0 | 6.9 |
| Any Tobacco* | * 13.4 | 12.0 | 14.7 | 7.7 | 13.4 | 19.0 | 13.7 | 11.8 | 19.2 | 12.7 |

Current High School Users

Students who smoked cigarettes, cigars, bidis, used smokeless tobacco, or used any form of tobacco on one or more of the 30

| days prior to the survey. | | | | | | | | | | | |
|---------------------------|--------|--------|------|-----------------|-----------|------------------|------------------|-------|-------|----------|-------|
| r | | Female | | 9 th | 10^{th} | 11 th | 12^{th} | White | Black | Hispanio | Other |
| Cigarettes | 21.3 | 20.4 | 22.2 | 13.6 | 22.8 | 26.7 | 24.1 | 23.6 | 8.6 | 23.7 | 23.9 |
| Cigars | 13.7 | 9.4 | 17.6 | 10.4 | 10.0 | 16.4 | 19.1 | 13.8 | 12.7 | 10.6 | 14.0 |
| Bidis | 6.2 | 2.9 | 9.4 | 4.9 | 6.9 | 4.7 | 9.0 | 5.0 | 11.5 | 9.3 | 8.1 |
| Smokeless | 7.6 | 2.2 | 12.9 | 7.8 | 6.7 | 9.2 | 6.9 | 8.0 | 5.5 | 6.6 | 10.1 |
| Any Tobacco | **30.7 | 25.7 | 35.4 | 23.9 | 27.7 | 37.8 | 35.7 | 32.5 | 22.0 | 36.0 | 27.0 |

**Includes cigarettes, cigars, bidis, kreteks, pipes, and smokeless tobacco.



Tobacco Use Among Missouri Youth 2007

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www.dhss.mo.gov/SmokingAndTobacco

| 1 000 120 0020 (1011 1100) | | | |
|--|-------|-----------------|------------------------|
| Percentage of MIDDLE SCHOOL students that: | Total | Never Smoked | Current Smokers |
| Were taught about the dangers of tobacco use at school this year | 61.9 | NA | NA |
| Practiced ways to say "No" to tobacco use at school this year | 45.5 | NA | NA |
| Discussed dangers of tobacco use with parent or guardian in past year | 68.9 | 71.5 | 71.9 |
| Live with someone who currently smokes cigarettes | 44.6 | 36.5 | 80.7 |
| Have one or more of four closest friends that smoke | 27.9 | 14.7 | 83.5 |
| Participated in any community event discouraging tobacco use in past year | 18.9 | 19.9 | 17.8 |
| Saw or heard anti-smoking commercials in the 30 days prior to the survey | 62.7 | NA | NA |
| See tobacco ads on the Internet, TV or movies most or some of the time | 83.3 | NA | NA |
| See actors using tobacco on TV or movies most or some of the time | 78.0 | NA | NA |
| Bought or received anything with a tobacco company name or picture on it | 15.5 | 8.7 | 40.2 |
| Would wear or use anything with a tobacco company name or picture on it | 21.4 | 10.5 | 55.0 |
| Are receptive to tobacco advertising | 9.0 | 2.8 | 31.6 |
| Smoked Marlboro cigarettes during past 30 days (most preferred brand) | NA | NA | 40.3 |
| In same room with someone smoking cigarettes 1 or more of past 7 days | 53.8 | 45.8 | 94.6 |
| Rode in car with someone smoking cigarettes 1 or more of past 7 days | 42.7 | 33.4 | 92.5 |
| Definitely or probably think smoke from other's cigarette is harmful | 94.2 | 95.7 | 82.4 |
| Think people can get addicted to using tobacco just like cocaine or heroin | 90.7 | 92.4 | 89.1 |
| Think young people who smoke cigarettes have more friends | 16.9 | 12.2 | 39.8 |
| Think smoking cigarettes makes young people look cool or fit in | 12.3 | 7.9 | 26.7 |
| Think youth risk harming themselves if they smoke 1-5 cigarettes per day | 89.0 | 90.7 | 79.4 |
| Think it is safe to smoke a year or two, as long as you quit after that | 10.6 | 5.0 | 31.3 |
| Of current smokers, think they would be able to quit if they wanted to | NA | NA | 66.4 |
| Of never smokers, are susceptible to starting smoking | NA | 19.1 | NA |
| 7/07 | | | |



Tobacco Use Among Missouri Youth 2007

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|--------------|-------------------------------|--|
| Percentage o | of HIGH SCHOOL students that: | |

| Percentage of HIGH SCHOOL students that: | Total | Never Smoked | Current Smokers |
|--|-------|-----------------|------------------------|
| Were taught about the dangers of tobacco use at school this year | 39.2 | NA | NA |
| Practiced ways to say "No" to tobacco use at school this year | 18.0 | NA | NA |
| Discussed dangers of tobacco use with parent or guardian | 61.3 | 60.6 | 69.2 |
| Live with someone who currently smokes cigarettes | 44.7 | 32.1 | 60.5 |
| Have one or more of four closest friends that smoke | 52.7 | 30.0 | 89.8 |
| Participated in any community event discouraging tobacco use in past year | 14.3 | 16.2 | 10.6 |
| Saw or heard anti-smoking commercials in the 30 days prior to the survey | 74.4 | NA | NA |
| See tobacco ads on the Internet, TV or movies most or some of the time | 89.7 | NA | NA |
| See actors using tobacco on TV or movies most or some of the time | 87.4 | NA | NA |
| Bought or received anything with a tobacco company name or picture on it | 15.5 | 9.6 | 39.3 |
| Would wear or use anything with a tobacco company name or picture on it | 21.4 | 20.0 | 61.5 |
| Are receptive to tobacco advertising | 13.0 | 4.6 | 29.2 |
| Smoked Marlboro cigarettes during past 30 days (most preferred brand) | NA | NA | 50.9 |
| In same room with someone smoking cigarettes 1 or more of past 7 days | 67.6 | 54.7 | 89.3 |
| Rode in car with someone smoking cigarettes 1 or more of past 7 days | 52.5 | 33.2 | 88.0 |
| Definitely or probably think smoke from other's cigarette is harmful | 91.8 | 96.2 | 80.7 |
| Think people can get addicted to using tobacco just like cocaine or heroin | 86.4 | 89.5 | 82.8 |
| Think young people who smoke cigarettes have more friends | 19.3 | 13.3 | 26.3 |
| Think smoking cigarettes makes young people look cool or fit in | 14.1 | 9.4 | 19.3 |
| Think youth risk harming themselves if they smoke 1-5 cigarettes per day | 89.0 | 92.2 | 84.3 |
| Think it is safe to smoke a year or two, as long as you quit after that | 10.6 | 6.2 | 26.1 |
| Of current smokers, think they would be able to quit if they wanted to | NA | NA | 77.9 |
| Of never smokers, are susceptible to starting smoking | NA | 21.7 | NA |
| | | | |